



**VANGUARD  
UNIVERSITY**



## **VANGUARD UNIVERSITY**

Graduate Education Program  
Offers 4 New Courses for Educators  
**VISTA – FALL 2025**

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| <b>1. "TEACHING IN THE MULTICULTURAL CLASSROOM"</b>          | <b>STARTS SEP 4</b> |
| <b>2. "CLASSROOM MANAGEMENT FOR EVERY TEACHER"</b>           | <b>STARTS OCT 3</b> |
| <b>3. "RELIEVING STRESS IN THE CLASSROOM"</b>                | <b>STARTS NOV 5</b> |
| <b>4. "ORGANIZING THE CLASSROOM FOR MAXIMUM ACHIEVEMENT"</b> | <b>STARTS DEC 2</b> |

**WHERE:** DISTANCE LEARNING  
Vista, CA

**WHO:** These courses are designed for educators.  
With district approval, course credit may be  
used for pay increase and professional growth

**CREDIT:** These courses are being offered by the Graduate Education Department of Vanguard University, Costa Mesa, CA.  
Vanguard University is accredited by the Western Association of Schools and Colleges.

**TUITION:** \$348 for 3 semester units of graduate extension credit..

**COURSE INSTRUCTOR:** DENNIS GARRAHY was an educator in Vista USD for nearly thirty years. Additionally, he has coordinated professional staff development courses for North County teachers for the past thirty-five years.

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| <b>1. "TEACHING IN THE MULTICULTURAL CLASSROOM"</b> | <b>STARTS SEP 4</b> |
| Course #EDUX 5390 A, B, C or D (A New Course)       |                     |

**WHEN:** September 4 - 18, 2025 (includes online and outside practicum)

**COURSE DESCRIPTION:** This course will assist classroom teachers to optimize the learning experience for students in the multicultural classroom. It will support educators in a pluralistic society to remain sensitive to the learning needs, personal interests and cultural characteristics of their students. The course further supports classroom teachers in helping them more fully understand the goal of multicultural education in creating educational opportunities that are equal for all students and in helping every child acquire the knowledge, attitudes, and skills needed to function effectively in a democratic society.

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| <b>2. "CLASSROOM MANAGEMENT FOR EVERY TEACHER"</b> | <b>STARTS OCT 3</b> |
| Course #EDUX 5470 A, B, C or D (A New Course)      |                     |

**WHEN:** October 3 - 17, 2025 (includes online and outside practicum)

**COURSE DESCRIPTION:** This course is designed to assist educators in developing successful strategies that instill a calm and orderly learning environment. Participants will learn tips to improve classroom discipline through individual and group motivation techniques. Educators will establish ways to work with the needs of each child by encouraging productive student behavior through effective organizational practices, rewards and learning. This course will cover preventative discipline practices and practical management methods that are essential to establishing and maintaining classroom control.

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**REGISTER / ENROLL ON-LINE AT** [www.CollegeCreditConnection.com](http://www.CollegeCreditConnection.com), click on Face-To-Face tab.  
DENNIS GARRAHY : 760-710-7807 or email [dennisgarrahy@gmail.com](mailto:dennisgarrahy@gmail.com) for courses in Vista, Chula Vista or Temecula.



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### **3. "RELIEVING STRESS IN THE CLASSROOM" STARTS NOV 5**

**Course #EDUX 5710 A, B, C or D (A New Course)**

**WHEN:** November 5 - 19, 2025 (includes online and outside practicum)

**COURSE DESCRIPTION:** In this course participants will explore all aspects of the teaching/learning process that may contribute to stress in both educators and their students. Educators will develop organizational skills and strategies to alleviate the effects of pressure and anxiety. Because classroom and work-related stress can undermine teachers' ability to do their jobs effectively, techniques designed to help educators and students lower stress levels will be presented. Critical topics including relaxation techniques, room environment changes and interpersonal model changes will be addressed. Participants will share issues they confront in their classrooms and on their campuses and develop plans to make them more manageable.

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### **4. "ORGANIZING THE CLASSROOM FOR MAXIMUM ACHIEVEMENT" STARTS DEC 2**

**Course #EDUX 5510 A, B, C or D (A New Course)**

**WHEN:** December 2 - 16, 2025 (includes online and outside practicum)

**COURSE DESCRIPTION:** This course assists teachers in streamlining their classrooms for maximum individual responsibility, minimum stress, and superior achievement. Participants will focus on procedures for maximizing the use of time for instruction and learning. Methods for the delegation of responsibility and consequences for students who detract from the ongoing educational process will be covered as well as ways teachers can maintain a quality learning environment without overtaxing their energies or their pocketbook.

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**NOTE - these courses will be presented in our ONLINE/HYBRID format – Information will be emailed upon enrollment, and course will consist of 45 total hours of online learning, instructor contact, and outside practicum.**