



**VANGUARD  
UNIVERSITY**



# VANGUARD UNIVERSITY

Graduate Education Program

Offers 4 New Courses for Educators

TEMECULA – SPRING 2025

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| <b>1. "CLASSROOM MANAGEMENT FOR EVERY TEACHER"</b>                 | <b>STARTS JAN 6</b> |
| <b>2. "WORKING WITH CHALLENGING STUDENTS: BULLIES AND VICTIMS"</b> | <b>STARTS FEB 3</b> |
| <b>3. "ENERGIZE YOUR CLASSROOM WITH MOTIVATING MATERIALS"</b>      | <b>STARTS MAR 3</b> |
| <b>4. "RELIEVING STRESS IN THE CLASSROOM"</b>                      | <b>STARTS APR 8</b> |

**WHERE:** DISTANCE LEARNING  
Temecula, CA

**WHO:** These courses are designed for educators.  
With district approval, course credit may be  
used for pay increase and professional growth

**CREDIT:** These courses are being offered by the Graduate Education Department of Vanguard University, Costa Mesa, CA.  
Vanguard University is accredited by the Western Association of Schools and Colleges.

**TUITION:** \$333 for 3 semester units of graduate extension credit..

**COURSE INSTRUCTOR:** DENNIS GARRAHY was an educator in Vista USD for nearly thirty years. Additionally, he has coordinated professional staff development courses for North County teachers for the past thirty-five years.

## **1. "CLASSROOM MANAGEMENT FOR EVERY TEACHER" STARTS JAN 6**

Course #EDUX 5470 A, B, C or D (A New Course)

**WHEN:** Jan 6 - 20, 2025 (includes online and outside practicum)

**COURSE DESCRIPTION:** This course is designed to assist educators in developing successful strategies that instill a calm and orderly learning environment. Participants will learn tips to improve classroom discipline through individual and group motivation techniques. Educators will establish ways to work with the needs of each child by encouraging productive student behavior through effective organizational practices, rewards and learning. This course will cover preventative discipline practices and practical management methods that are essential to establishing and maintaining classroom control.

## **2. "WORKING WITH CHALLENGING STUDENTS: BULLIES AND VICTIMS" STARTS FEB 3**

Course #EDUX 5450 A, B, C or D (A New Course)

**WHEN:** Feb 3 – 17, 2025 (includes online and outside practicum)

**COURSE DESCRIPTION:** This course will offer participants the opportunity to collaborate with fellow teachers and administrators in order to better understand the negative impact of bullying behavior. During this course, participants will develop ways to work with bullies and victims, improve the self-image of both, and create ways to ensure that all students can learn in a safe and fear-free environment. As participants consider how bullying often obstructs the ability of students to progress both academically and socially, they will examine and collaborate on solutions to this serious issue in today's schools.

*REGISTER / ENROLL ON-LINE AT [www.CollegeCreditConnection.com](http://www.CollegeCreditConnection.com), click on Face-To-Face tab.*

DENNIS GARRAHY : 760-710-7807 or email [dennisgarrahy@gmail.com](mailto:dennisgarrahy@gmail.com) for courses in Vista, Chula Vista or Temecula.

**NOTE - these courses will be presented in our ONLINE/HYBRID format – Information will be emailed upon enrollment, and course will consist of 45 total hours of online learning and outside practicum.**



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**WHERE:** DISTANCE LEARNING  
Vista, CA

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| <b>3. “ENERGIZE YOUR CLASSROOM WITH MOTIVATING MATERIALS”</b> | <b>STARTS MAR 3</b> |
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Course #EDUX 5650 A, B, C or D (A New Course)

**WHEN:** March 3 – 17, 2025 (includes online and outside practicum)

**COURSE DESCRIPTION:** This course teaches participants how to bring out the best in their students and energize their classroom with materials that brighten, inspire and motivate. This course provides creative impetus, dazzling templates and models, and a plethora of material designs and ideas to brighten every classroom. This course helps participants reinvent their classroom design to excite and engage their students. Projects that relate to State Content Standards and fulfill District Mandates will be presented.

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| <b>4. “RELIEVING STRESS IN THE CLASSROOM”</b> | <b>STARTS APR 8</b> |
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Course #EDUX 5710 A, B, C or D (A New Course)

**WHEN:** April 8 – 22, 2025 (includes online and outside practicum)

**COURSE DESCRIPTION:** In this course participants will explore all aspects of the teaching/learning process that may contribute to stress in both educators and their students. Educators will develop organizational skills and strategies to alleviate the effects of pressure and anxiety. Because classroom and work-related stress can undermine teachers’ ability to do their jobs effectively, techniques designed to help educators and students lower stress levels will be presented. Critical topics including relaxation techniques, room environment changes and interpersonal model changes will be addressed. Participants will share issues they confront in their classrooms and on their campuses and develop plans to make them more manageable.

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