



**VANGUARD
UNIVERSITY**



VANGUARD UNIVERSITY

Graduate Education Program

Offers 3 New Courses for Educators

TEMECULA – SUMMER 2023

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| 1. "EDUCATION FOR THE FUTURE" | STARTS JULY 6 |
| 2. "RELIEVING STRESS IN THE CLASSROOM" | STARTS AUG 3 |
| 3. "CREATIVE EXPRESSION IN THE CLASSROOM" | STARTS SEPT 5 |

WHERE: DISTANCE LEARNING
Temecula, CA

WHO: These courses are designed for educators.
With district approval, course credit may be
used for pay increase and professional growth

CREDIT: These courses are being offered by the Graduate Education Department of Vanguard University, Costa Mesa, CA.
Vanguard University is accredited by the Western Association of Schools and Colleges.

TUITION: \$333 for 3 semester units of graduate extension credit..

COURSE INSTRUCTOR: DENNIS GARRAHY was an educator in Vista USD for nearly thirty years. Additionally, he has coordinated professional staff development courses for North County teachers for the past thirty-five years.

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| 1. "EDUCATION FOR THE FUTURE" | STARTS JULY 6 |
| Course #EDUX 5480 A, B, C or D (A New Course) | |

WHEN: July 6 - 20, 2023 (includes online and outside practicum)

COURSE DESCRIPTION: This course will cover the most recent innovations in the teaching and learning process. Participants will examine strategies in the areas of discipline, classroom management, group dynamics, and centers that have content implications across the curriculum. Techniques for building self-image, improving study skills and getting the most out of every student are incorporated in this course. This class will give you a glimpse into the very best in teaching/learning programs.

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| 2. "RELIEVING STRESS IN THE CLASSROOM" | STARTS AUG 3 |
| Course #EDUX 5710 A, B, C or D (A New Course) | |

WHEN: August 3 - 17, 2023 (includes online and outside practicum)

COURSE DESCRIPTION: In this course participants will explore all aspects of the teaching/learning process that may contribute to stress in both educators and their students. Educators will develop organizational skills and strategies to alleviate the effects of pressure and anxiety. Because classroom and work-related stress can undermine teachers' ability to do their jobs effectively, techniques designed to help educators and students lower stress levels will be presented. Critical topics including relaxation techniques, room environment changes and interpersonal model changes will be addressed. Participants will share issues they confront in their classrooms and on their campuses and develop plans to make them more manageable.

REGISTER / ENROLL ON-LINE AT www.CollegeCreditConnection.com, click on Face-To-Face tab.
DENNIS GARRAHY : 760-710-7807 or email dennisgarrahy@gmail.com for courses in Vista, Chula Vista or Temecula.



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| 3. "CREATIVE EXPRESSION IN THE CLASSROOM" | STARTS SEPT 5 |
| Course #EDUX 5170 A, B, C or D (A New Course) | |

WHEN: September 5 – 19*, 2023 (includes online and outside practicum) *counts as a Fall course

COURSE DESCRIPTION: This course is designed to cover a variety of strategies and solutions to integrate creativity and problem solving throughout the curriculum. Participants will explore multimedia approaches using a discovery/problem-solving model implementing perception, production and reflection. A broad range of "thinking activities" and authentic assessments will be showcased. These activities help identify and develop talents of students at all learning levels. Hands-on projects will be presented that will encourage pupils to move from "visual to verbal" and in the process, develop skills in mathematics and oral and written language. Emphasis will be placed on discovering and developing the unexplored talents of students at all levels of the learning spectrum.

NOTE - courses will be presented in our new ONLINE/HYBRID format - Information will be emailed upon enrollment, and course will consist of 45 total hours of online learning and outside practicum.

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