VANGUARD UNIVERSITY
Graduate Education Program
Offers 4 New Courses for Educators
CHULA VISTA – FALL 2018

1. “WINNING STRATEGIES AND MOTIVATIONAL TECHNIQUES”  
   STARTS SEP 11

2. “WORKING WITH CHALLENGING STUDENTS: BULLIES AND VICTIMS”  
   STARTS OCT 9

3. "RELIEVING STRESS IN THE CLASSROOM"  
   STARTS NOV 5

4. "EFFECTIVE PRACTICES FOR AT RISK STUDENTS"  
   STARTS DEC 3

WHERE: Chula Vista Masonic Center  
732 3rd Ave.  
Chula Vista, CA 91910

WHO: These courses are designed for educators.  
With district approval, course credit may be used for pay increase and professional growth

CREDIT: These courses are being offered by the Graduate Education Department of Vanguard University, Costa Mesa, CA.  
Vanguard University is accredited by the Western Association of Colleges.

TUITION: $306 for 3 semester units of graduate extension credit. Manual enrollment fees may apply. See below for info.

COURSE INSTRUCTOR: FRED BECKER is a nationally known consultant and presenter whose work as an educational professional with children and adults spans the past 25 years. Fred has earned Outstanding Educator, Educator of the Year, and Drug Prevention Educator of the Year by San Diego communities. His humor and uncanny ability to empower the teacher is brought forth in his engaging presentation.

REGISTER / ENROLL ON-LINE AT www.CollegeCreditConnection.com, click on Face-To-Face tab.

For more information please visit website or call,
DENNIS GARRAHY: 760-710-7807 or email dennisgarrahy@gmail.com  
for courses in Vista, Chula Vista or Temecula

PLEASE SEE ADDITIONAL COURSES ON OTHER SIDE
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3. "RELIEVING STRESS IN THE CLASSROOM"
   Course #EDUX 5710 A, B, C or D (A New Course)
   WHEN: November 5, 7, 8, 13 & 15, 2018 (plus online and outside practicum)
   4:00 – 8:00 PM        NOTE: This course is a hybrid of face-to-face and online learning.
   COURSE DESCRIPTION: In this course participants will explore all aspects of the teaching/learning process that may contribute to stress in both educators and their students. Educators will develop organizational skills and strategies to alleviate the effects of pressure and anxiety. Because classroom and work-related stress can undermine teachers’ ability to do their jobs effectively, techniques designed to help educators and students lower stress levels will be presented. Critical topics including relaxation techniques, room environment changes and interpersonal model changes will be addressed. Participants will share issues they confront in their classrooms and on their campuses and develop plans to make them more manageable.

4. "EFFECTIVE PRACTICES FOR AT RISK STUDENTS"
   Course #EDUX 5210 A, B, C or D (A New Course)
   WHEN: December 3, 5, 6, 11 & 13, 2018 (plus online and outside practicum)
   4:00 – 8:00 PM        NOTE: This course is a hybrid of face-to-face and online learning.
   COURSE DESCRIPTION: This course will explore effective practices for working with children deemed to be at risk of educational failure. Participants will examine ways that they can work together with their schools to engage students and motivate them toward success. The use of creative and flexible scheduling to extend learning time, differentiating instruction, organizing heterogeneous student groupings and designing classrooms to accommodate different learning styles are some of the ways educators can effectively improve the learning environment for all students, including children considered at risk.

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