



VANGUARD UNIVERSITY
Graduate Education Program
Offers 2 New Courses for Educators
CHULA VISTA – FALL 2024

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| 1. “CLASSROOM MANAGEMENT FOR EVERY TEACHER” | STARTS NOV 5 |
| 2. “RELIEVING STRESS IN THE CLASSROOM” | STARTS DEC 4 |
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WHERE: DISTANCE LEARNING
Chula Vista, CA

WHO: These courses are designed for educators.
With district approval, course credit may be
used for pay increase and professional growth

CREDIT: These courses are being offered by the Graduate Education Department of Vanguard University, Costa Mesa, CA.
Vanguard University is accredited by the Western Association of Schools and Colleges.

TUITION: \$333 for 3 semester units of graduate extension credit

COURSE INSTRUCTOR: FRED BECKER is a nationally known consultant and presenter whose work as an educational professional with children and adults spans the past 25 years. Fred has earned Outstanding Educator, Educator of the Year, and Drug Prevention Educator of the Year by San Diego communities. His humor and uncanny ability to empower the teacher is brought forth in his engaging presentation..

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| 1. “CLASSROOM MANAGEMENT FOR EVERY TEACHER” | STARTS NOV 5 |
| Course #EDUX 5470 A, B, C or D (A New Course) | |

WHEN: November 5 - 19, 2024 (includes online and outside practicum)

COURSE DESCRIPTION: This course is designed to assist educators in developing successful strategies that instill a calm and orderly learning environment. Participants will learn tips to improve classroom discipline through individual and group motivation techniques. Educators will establish ways to work with the needs of each child by encouraging productive student behavior through effective organizational practices, rewards and learning. This course will cover preventative discipline practices and practical management methods that are essential to establishing and maintaining classroom control.

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| 2. “RELIEVING STRESS IN THE CLASSROOM” | STARTS DEC 4 |
| Course #EDUX 5710 A, B, C or D (A New Course) | |

WHEN: December 4 - 15 (includes online and outside practicum)

COURSE DESCRIPTION: In this course participants will explore all aspects of the teaching/learning process that may contribute to stress in both educators and their students. Educators will develop organizational skills and strategies to alleviate the effects of pressure and anxiety. Because classroom and work-related stress can undermine teachers’ ability to do their jobs effectively, techniques designed to help educators and students lower stress levels will be presented. Critical topics including relaxation techniques, room environment changes and interpersonal model changes will be addressed. Participants will share issues they confront in their classrooms and on their campuses and develop plans to make them more manageable.

REGISTER / ENROLL ON-LINE AT www.CollegeCreditConnection.com, click on Face-To-Face tab.
DENNIS GARRAHY : 760-710-7807 or email dennigarrah@gmail.com for courses in Vista, Chula Vista or Temecula.